

Cognitex® Elite Pregnenolone

Our most comprehensive brain and cognitive health formula

Item #02397 • 60 tablets

Item #02396 • 60 tablets without Pregnenolone

Get all of the brain-boosting nutrients you need, in one newly reformulated supplement!

- **SIBELIUS™: SAGE** supports acetylcholine levels and healthy blood flow in the brain. This specific sage extract also encourages attention, memory performance, and neurotransmitter function.
- **Phosphatidylserine** benefits memory, learning, and concentration.
- **AuroraBlue®** Wildcrafted blueberry complex is a potent source of blueberry compounds, which support healthy cognitive function.
- **Vinpocetine** encourages healthy oxygen and blood flow to brain cells.
- **Pregnenolone** is a neuroactive hormone that promotes brain cell resilience, encourages neuronal plasticity, supports transmission of brain signals, and more.
- **Ashwagandha** extract inhibits an enzyme that breaks down acetylcholine in the brain.
- **Uridine-5'-Monophosphate** supports healthy cognitive function in older adults.

Feed your mind. Try Cognitex® Elite Pregnenolone today!

Caution: If you are taking anticoagulant or antiplatelet medications, or have a bleeding disorder, consult your healthcare provider before taking these products.



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Two tablets contain:

SIBELIUS™: SAGE extract (leaf) [std. to 2.5% rosmarinic acid]	333 mg
AuroraBlue® Wildcrafted blueberry complex [Alaska blueberry (<i>Vaccinium alaskaense</i> How.), Oval-leaf blueberry (<i>Vaccinium ovalifolium</i> Sm.), Alpine blueberry (<i>Vaccinium uliginosum</i> L.), Dwarf bilberry (<i>Vaccinium cespitosum</i> Michx)], (fruit, leaf, stem)	200 mg
Ashwagandha extract (root, leaf) [std. to 10% withanolide glycoside conjugates]	125 mg
Phosphatidylserine	100 mg
Pregnenolone	50 mg
Uridine-5'-Monophosphate, disodium	50 mg
Vinpocetine	20 mg
Other ingredients: microcrystalline cellulose, croscarmellose sodium, maltodextrin, silica, stearic acid, aqueous film coating (hypromellose, glycerin, purified water).	

Dosage and use:

- Cognitex® Elite Pregnenolone: Take two (2) tablets, preferably early in the day, with or without food, or as recommended by a healthcare practitioner.
- Cognitex® Elite: Take two (2) tablets, with or without food, or as recommended by a healthcare practitioner.

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